

**This strategy invests in:***Investing Early (prenatal - 5)*

**Sustaining the Gain (ages 5 - 24)**  
so that young people have equitable opportunities to be safe, healthy, and thriving.

*Communities of Opportunity**Other investment area***Estimated annual reach:**

2,500 children and youth

**Funding Estimate (2022-2027):**

\$30,748,000

# Liberation and Healing

Formerly known as the Trauma Informed and Restorative Practices strategy, Liberation and Healing addresses trauma and its impacts on young people by promoting strengths-based social and emotional supports through three programs:

- **Liberation and Healing from Systemic Racism** will commit to taking an individual and collective approach to healing and will implement a community-centered educational environment that seeks to educate, elevate, and liberate Black and Brown scholars and families in King County.
- **Community Well-Being** will build community capacity to share resources and deliver culturally relevant programming on emotional health and wellbeing in order to reduce stigma associated with mental health topics and reinforce compassion, connection, and care in communities.
- **TRACE** is an enhanced trauma-specific response to eligible children, youth and/or family members who have experienced an adverse community event and/or are experiencing symptoms of trauma as a result of childhood experiences. The program specifically serves the Snoqualmie Valley (Carnation, Duvall, Fall City, North Bend, and Snoqualmie).



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