

Join us for our summer

# King County Perinatal Providers Gathering: A Self Care Event

**June 27, 2025**

**11:00 am - 3:00 pm**

**West Seattle**

This gathering is for King County birthworkers to focus on self care. We're excited to welcome Dr. Sabine Thomas, Executive Director of JSOL Studios, to lead us in a wellness activity focused on healing and connection to nature.

This will be a fun and interactive family-friendly outdoor event with relationship building activities and delicious food. Babies and school-aged children are welcome! We will have kids activities and snacks available.

Register at [bit.ly/44JniLR](https://bit.ly/44JniLR)

