

A young woman with long dark hair, wearing a black hoodie and a pink backpack, is pointing her right hand towards a large, colorful mural of a butterfly. She is looking upwards and to the right. In the background, other people are visible, including a woman in a green hoodie and a man in a blue hoodie. The scene is outdoors, likely at a school event.

BSK ^{ts for} Open House: School-Based Health Centers

January 12, 2022

—● WHAT IS A SCHOOL-BASED HEALTH CENTER?



School-Based Health Centers (SBHCs) – SBHCs provide comprehensive medical, mental health, and dental services in school settings to children and adolescents schools in King County. SBHCs are an effective strategy for increasing students’ educational and health outcomes.

First King County SBHC opened in 1990.

Currently, there are 34 SBHCs in King County.

● PROGRAM IMPLEMENTATION

- Public Health – Seattle & King County’s School Based Partnerships Program provides oversight for implementation of more than 30 SBHCs across King County.
- Eight healthcare organizations lead SBHCs:
 - Country Doctor Community Health Centers
 - HealthPoint
 - International Community Health Services (ICHS)
 - Kaiser Permanente
 - Neighborcare Health
 - Odessa Brown Children’s Clinic
 - Public Health – Seattle & King County
 - Swedish Medical Center

● SERVICES PROVIDED

- Preventive, primary, and acute healthcare
- Mental and behavioral health counseling
- Immunizations
- Sports physicals
- Reproductive health care
- Health education and health promotion
- Care coordination for substance use services
- Dental care
- Clinical support for students managing chronic and mental health conditions

● SCHOOL-BASED PARTNERSHIPS PROGRAM MISSION AND VISION

Vision:

- All children and adolescents are healthy and ready to thrive in the classroom and in life.

Mission:

- To promote evidence-based, community-informed, high quality, equitable, and culturally-relevant school-based health care to support all students to be healthy and academically engaged.
- To accomplish our work through a systematic approach to partnerships and collaborative leadership between schools and school-based health centers.
- To achieve measurable results for student health and academic outcomes so that students thrive in school and have a strong start to achieving lifelong success.

● SCHOOL-BASED PARTNERSHIPS PROGRAM GOAL AND OUTCOMES

Goal:

Students have access to and utilize physical and mental health services that support learning

Outcomes:

1. Students are healthy and ready to learn.
2. School Based Health Centers are evidence-based, high-quality, and provide culturally responsive and equitable care.
3. Providers implement a best practice model of medical and mental health care.
4. Race-based opportunity gaps are closed

Healthy Students Learn Better

- Poor health severely limits a child's motivation and ability to learn.¹
- SBHC use is significantly associated with GPA and attendance gains.²
- Adolescents are 21 times more likely to access mental health services at the SBHC than community clinics.³

¹ Basch, CE. Healthier Students are Better Learners: A Missing Link in School Reforms to Close the Achievement Gap. Equity Review: Research Matters Vol. 6.. 2010.

² Walker S, Kerns S, Lyon A, Bruns E, Cosgrove T. Impact of school-based health center use on academic outcomes. J Adolesc Health. 2009; 1-7.

³ Juszcak, L., Melinkovich, P., & Kaplan, D. Use of health and mental health services by adolescents across multiple delivery sites. Journal of Adolescent Health, 2003; 32, 108–118.

—● ADDITIONAL BENEFITS

- Increase school attendance
- Reduce barriers to learning
- Save parents and employers' time
- Support teachers and school personnel
- Increase school connectedness
- Engage parents and community

OUTCOMES OF SCHOOL-BASED HEALTH CARE

Decreased emergency room and urgent care visits

Decreased hospitalizations for children with asthma

Improved access to and use of mental health services

Improved vaccination rates

Reduced Medicaid expenditures

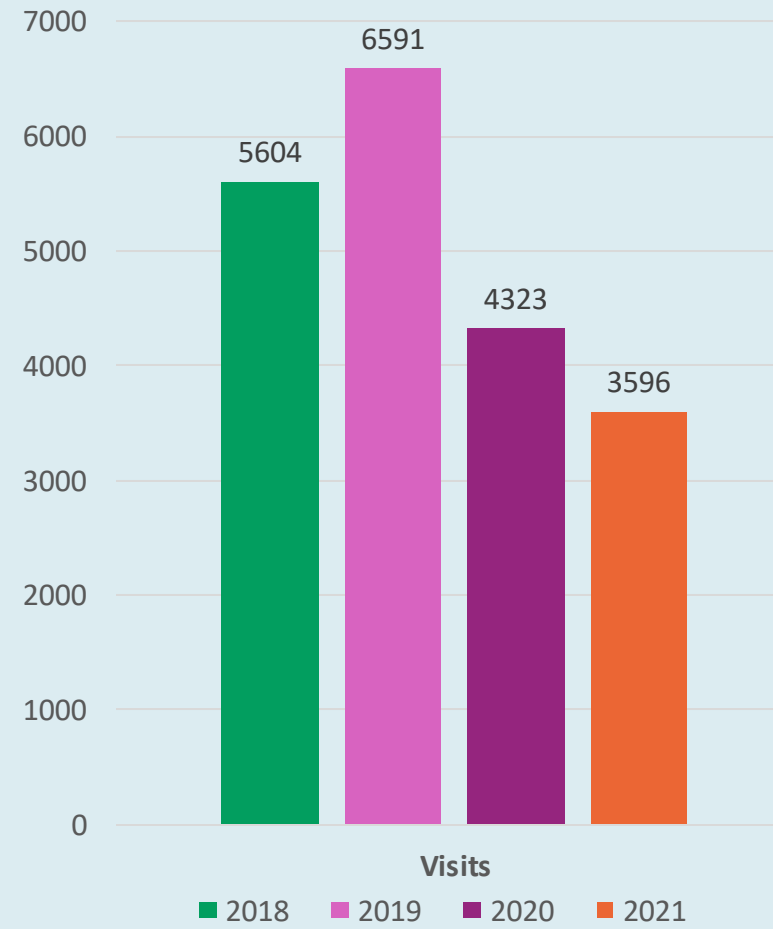
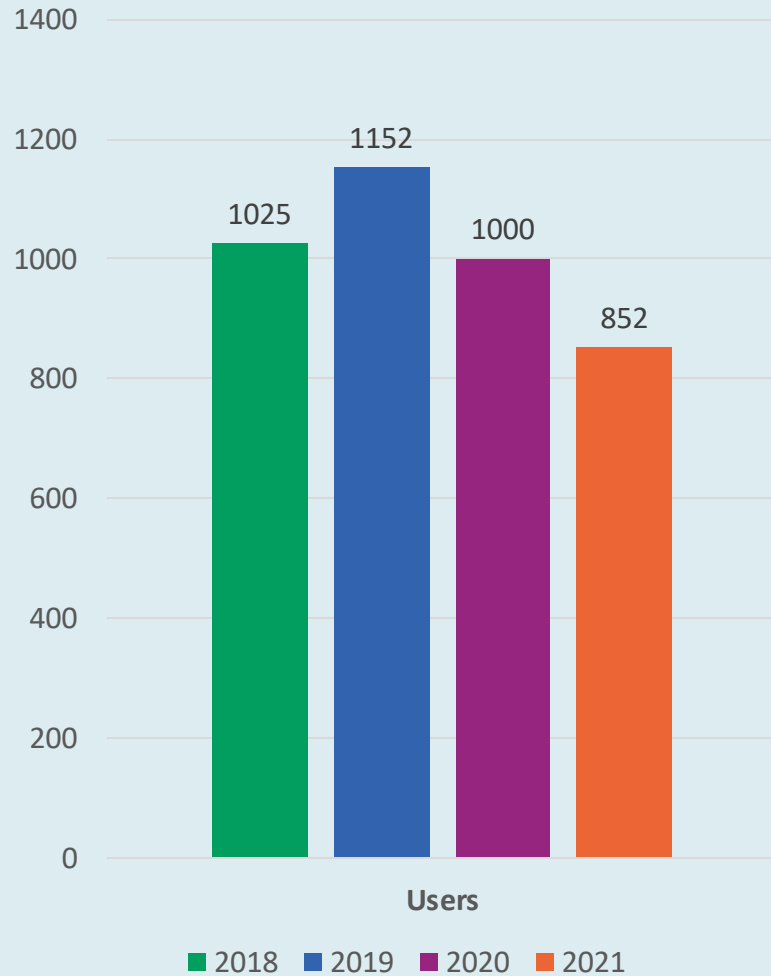
—● BSK SBHC INVESTMENT

SBHCs in Renton, Bellevue, and Vashon Island were launched by investment from BSK 1.0.

BSK supports system enhancement for FEPP and BSK Levy programming.

BSK helps fill in the gap for system wide support such as substance use prevention and intervention, health educators, patient navigators, clinic coordinators, etc.

BSK 1.0 – SBHC PROGRAM DATA



—● BSK 1.0 SUCCESSES IN THE 2020 SY

How much did we do?

- Students made 4,122 visits to school-based health centers for primary care, behavioral health and preventive care.
- 979 people accessed services at school-based health centers.

How well did we do it?

- 22% of SBHC users received a standardized risk assessment
- 26% of SBHC users with depression received mental health counseling
- 13% of SBHC users with drug/alcohol issues received a brief intervention and/or referral

—● BSK 1.0 SUCCESSES IN 2020

“ The most important success we had during this reporting period was being able to develop and implement telehealth for our students so they could access services. So many of our students were dealing with anxiety, depression, grief and debilitating fear. Our team was able to create an online space for them to give them tools and support to move forward even with all of the uncertainty. ”

- ***School-Based Health Centers Partner***

BSK 2.0 SBHC INVESTMENT

Planned Refinements in *Best Starts for Kids* 2022-2027

In addition to continuing currently funded programs, in 2022-2027 *Best Starts* will expand the investment to:

Support new School-
Based Health
Centers

Implement
Comprehensive Data
Management Tools
and Evaluation

Increase Funding for
Training School-
Based Health Care
Providers

Increase Equitable
Access to SBHC
Services

Strengthen SBHC
Systems and Service
Delivery

BSK 2.0 REQUEST FOR PROPOSALS

Request for Proposals for new SBHCs and Support Services are planned to be released in early Spring 2022 for starting up new operations with the 2022-2023 School Year.

BSK 2.0 Annual Budget:

2022	2023	2024	2025	2026	2027
\$2.36M	\$2.40M	\$2.45M	\$2.50M	\$2.54M	\$2.59M

Who Can Apply?: Healthcare organizations in partnership with schools



—● MOCK HEALTH VISIT FROM A NEIGHBORCARE SBHC





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KIDS

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